

Wellbeing & Safeguarding Newsletter

Rockmount Primary School Spring 2026

Welcome back to another exciting and eventful term! This edition of our termly Wellbeing & Safeguarding newsletter has also been emailed to you, so you can easily access any links and refer back to it whenever needed.

Children's Mental Health Week

During Children's Mental Health Week, the theme was "This is My Place," which focused on the importance of belonging and how we can foster a sense of belonging for ourselves and others. The children participated in various activities that encouraged them to reflect on their place in the community. One activity, called "Belonging Mosaics," allowed the children to draw pictures of themselves, cut them out, and assemble them into a collective mosaic.

This activity visually demonstrated how, although each child is unique, they are all part of something bigger. The finished mosaic highlighted both the similarities and differences within the class, showcasing the diversity and unity that exists when we all come together.



The Great Rockmount Bake Off!!

This term, the staff took part in a fun and friendly baking competition, inspired by the popular TV show The Great British Bake Off. Every week, each year group baked a cake and competed for the title of "Rockmount's Staff Bake Off Champion." The competition followed a similar format to the TV show, with each year group presenting their creations for our panel of judges (Site Manager: Andres and Teaching Assistant: Mrs Strappelli) to taste and evaluate. The judges carefully assessed the cakes, considering both presentation and taste. After weeks of baking excitement, the winner was...*drum roll* Ms Chedburn, with her delicious chocolate log cake!!! Well done Ms Chedburn!



READ MORE

Click below to read more about The Great Rockmount BAKE OFF!!



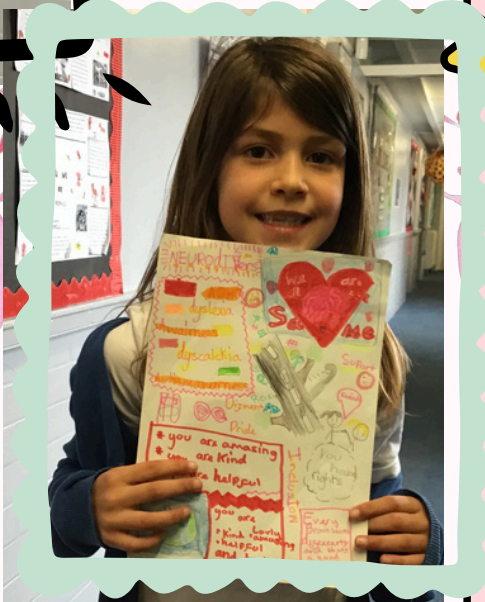
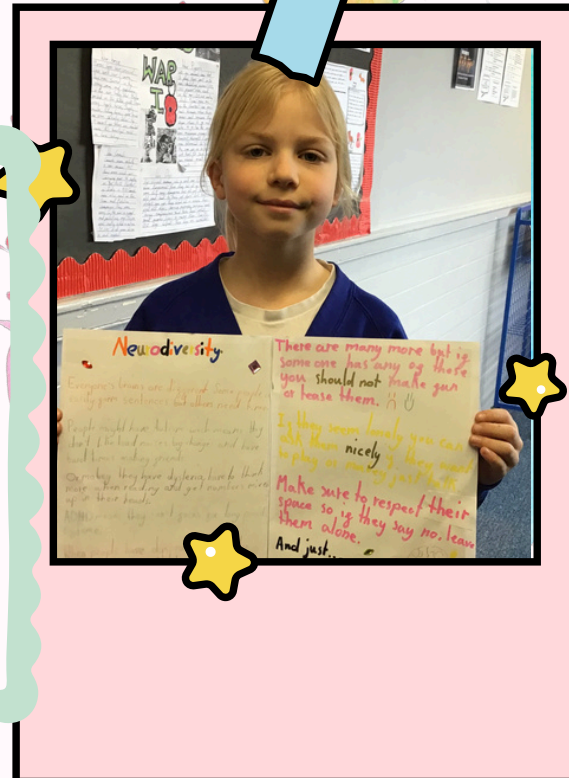
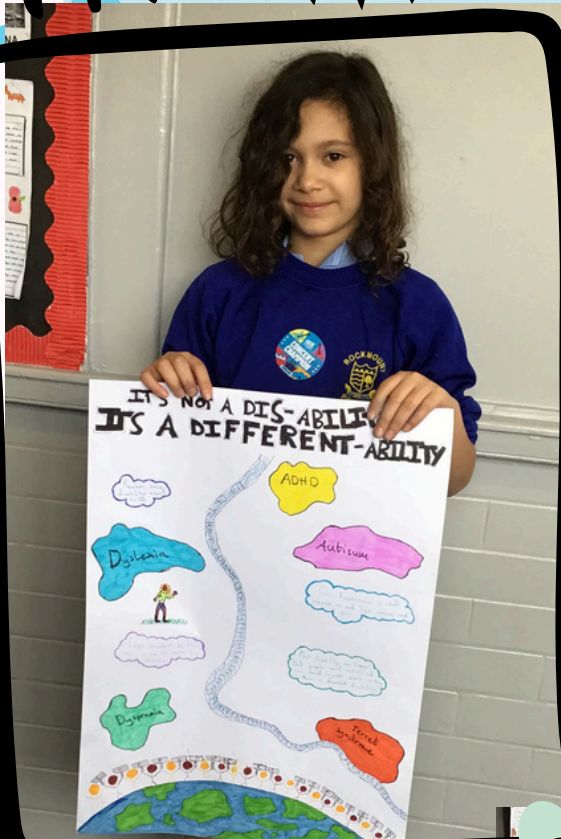
DIFFERENT BRAINS, AMAZING MIND

NEURODIVERSITY CELEBRATION WEEK 2026 - POSTER COMPETITION

Well done to all the students who took part in our Neurodiversity Celebration Week poster competition! We were incredibly impressed by the creativity, thoughtfulness and effort shown across all entries. Each poster beautifully highlighted the importance of understanding and celebrating the differences that make us unique. A special congratulations to our winners, with one outstanding entry selected from each year group. You should all be very proud of your contributions to such an important and inspiring week.



Be
Kind.



FEELING OVERWHELMED?

Parenting can be hard

Free
with
Refreshments!



JOIN US FOR OUR 12-WEEK INCREDIBLE YEARS PARENTING PROGRAMME

An adults only support group for parents of children aged 6-11, focusing on building a nurturing and positive relationship with your child while learning to manage challenging behaviours.

Topics Include

- How to encourage children's language social and emotional development
- Establishing clear and predictable routines
- Use positive strategies to manage behaviour that challenges
- Developing a child's problem solving skills

**Starting May on
Wednesdays**

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