

ONLINE PARENT/CARER WORKSHOPS

Transition to Secondary School

Wed 22nd May 1pm

Helping your Child's Behaviour (Primary age)

Wed 5th June 1pm

Helping your Child with Anxiety and Worries

Wed 12th June 1pm

Looking After Yourself for Parents

Wed 19th June 1pm

Introduction to Autism

Wed 26th June 1pm

Introduction to ADHD

Wed 3rd July 1pm



Off The Record also run workshops for parents for support with **Self Harm** and **Emotionally Based School Avoidance**.

TALK TO US

OFF
THE RECORD



Are you OK
Croydon?



You Talk,
We Listen
Croydon Drop In