

KEEPING MYSELF SAFE WEEK

5 - 9th June 2023



Keeping Myself Safe Week is an opportunity to shine a spotlight on the importance of children staying safe

MONDAY - WHAT IS SAFEGUARDING?

During our whole school assembly, children will be introduced to the themes of Keeping Myself Safe Week. Children will be reminded how to keep safe in school and their local environment. They will be directed to our pupil safeguarding section of the school website for further support and advice.

<https://www.rockmountprimaryschool.co.uk/keeping-pupils-safe/>



TUESDAY - CLEVER NEVER GOES

CLEVER NEVER GOES moves the focus away from stranger danger and instead teaches children to recognise when someone (anyone) is asking them to go with them whether they are outside or online. Rather than fearing the worst in everyone they don't know, Clever Never Goes helps children to recognise specific situations that are unsafe and gives them practical safety skills which they can use especially as they get older and become more independent. For more information visit <https://clevernevergoes.org/parents-2/>

WEDNESDAY- SUN SAFETY

Children will be learning the science behind sun safety and the reasons why it is important to protect ourselves against both UVA and UVB rays. They will find out how they can stay safe in the sun. The Wellbeing Ambassadors will be setting up 'Sun Ready' challenges at lunchtime. For more information visit

<https://soltansunready.com/for-families>

THURSDAY- WATER SAFETY

Children will be learning to understand the basics of water safety, including the difference between swimming in outdoor water compared to an indoor pool, swimming in cold water and choosing a safe place to swim. They will also recognise the water safety signs and flags and what to do if they are in trouble or see someone else in trouble. For more information visit

<https://www.swimming.org>



FRIDAY - COMMUNITY POLICE

On the final day of Keeping Safe Week, we expect a visit from the local community police who will discuss how children can stay safe in our local community.

