



DO YOU HAVE A 0 to 3 year old?



MELLOW MUMS

is an attachment and relationship-based group intervention. Children attend the group alongside their mothers.

The group is delivered over 12-14 weeks. Lunch is provided.

Children must be able to attend the group alongside their mothers. A crèche is provided for some parts of the session.



Please scan the QR code to complete the referral form, stating Mellow Mums.



To discuss, please contact Moniqua Williams at PRH@croydon.gov.uk.