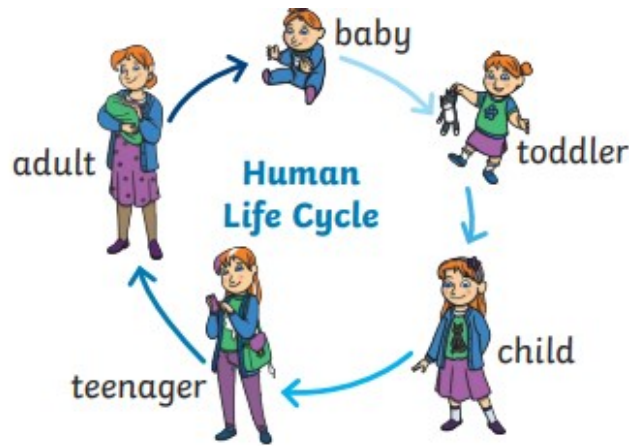


Key Vocabulary

adult	A fully grown animal or plant
develop	To grow bigger and become stronger
Life cycle	The changes living things go through to become an adult
offspring	The child of an animal
young	Offspring that has not reached adulthood
Live young	Offspring that has not hatched from an egg
diet	The food and water that an animal needs
exercise	A physical activity to keep your body fit
hygiene	How we keep ourselves and the world around us clean so we can stay healthy and stop spreading germs
nutrition	Food needed to live

Key knowledge

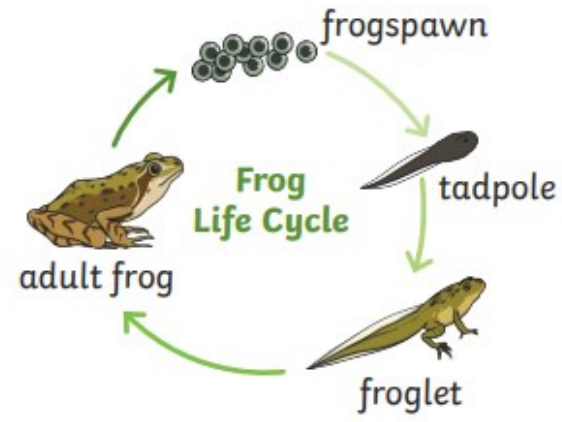


To stay alive, all animals have three basic needs for survival:



Being active and **exercising** keeps our bodies and minds healthy.

All **young** animals change as they go through the different stages of their **life cycle** and grow into **adults**.



To stop germs from spreading, it is important to be **hygienic**.

I will be able to

- Notice that animals, including humans, have offspring which grow into adults
- Find out about and describe the basic needs of animals, including humans for survival (food, water, air)
- Describe the importance for humans of exercise, eating the right amounts of different types of food and hygiene.

Investigation

- To use observations to compare different hand-spans
- To suggest answers to their questions