

Mental Health Support Team

Parent/Carer Workshops

All workshops will take place in the After School Club (ASC) at 9.00-9.45
Please enter through the ASC entrance on Rockmount Road.

**Friday, 10th October
2025 - Helping your
child with anxiety and
worries**

**Friday 17th October
2025 - Supporting
parents with
challenging
behaviour**

**Friday, 24th October
2025 - Introduction to
Autism**

**Friday, 7th November
2025 - Introduction to
ADHD**

**Friday, 21st November
2025 - Supporting
children with
emotional based
school avoidance**

**To give us an idea of numbers, please book a
place using the link below. However, you are also
welcome to turn up on the day.**

Google form

**Our Education Mental Health Practitioner, Louisa Edwards, will host the
workshops. For more information about our Mental Health Support Team
[click here.](#)**